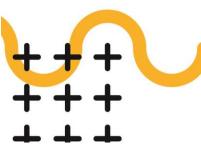
MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Halal Mince Beef Chilli Con Carne & Rice	Halal Chicken Chow Mein served with prawn crackers	Halal Roast Chicken, crispy roast potatoes and gravy	Halal Chicken Katsu curry served with rice	Crispy battered fish with chunky chips
Vegetarian Main Dish	Vegetable Chilli Pasta Bake	Macaroni Cheese Served with Crusty Bread	Italian Quorn Fillet	Sweet Potato Curry Served on A Bed of Braised Rice	Tomato and roasted Pepper Pasta
Accompaniments 5	Steamed Broccoli Salad bar	Corn of the cob Salad bar	Carrots and Broccoli Salad bar	Green beans Salad bar	Mushy peas Salad bar
Street Food	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken Panini. Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato Spicy Chicken Wings Bamboo pasta selection of the day
Cold G&G	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
Desserts	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE

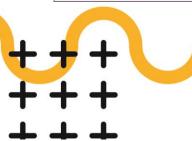


PLANT-BASED (VEGAN)



MENU

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Halal Chicken and Mushroom Tikka Curry Served with Mini Poppadom's	Halal Beef Lasagne Served With Herby Bread	Halal Roast chicken Herby Mash potato And Onion Gravy	Halal Beef and Vegetable Pie served with New Potatoes	Crispy battered fish goujons. or chicken wings with chunky chips
Vegetarian Main Dish	Quorn And Mushroom Tikka Curry Served with mini Poppadom's	Cheese And Potato Pie Served With Baked Beans	Quorn Fillet Served with Herby Mash Potato And Onion Gravy	Vegetable Lasagne Served with Crusty Bread	Oven Baked Veggie Burger
Accompaniments	Steamed broccoli. Salad bar	Green beans Salad bar	Seasonal vegetables Salad bar	Seasonal Vegetables Salad bar	Mushy peas Baked beans. Salad bar
Street Food	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken pitta Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day
Cold G&G	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
Dessert	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)



MENU

Week 3	MEAT Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Halal Jerk Chicken Served With Rice and Peas	Halal Sweet Chilli Chicken & Vegetable rice	Halal Roast Turkey Served With crispy roast potatoes and gravy	Halal Beef Spaghetti Bolognaise Served with Garlic Bread	Jumbo fish fingers or chicken wings served with chunky chips
Vegetarian Main Dish	Chinese Quorn Singapore Vegetable Noodles	No chicken teriyaki with rice	Vegetarian cottage pie with gravy	Vegetable meat balls in a rich tomato sauce	Southern Style Quorn Burger
Accompaniments	Sweetcorn Salad bar	Carrot batons Salad bar	Seasonal Vegetables Salad bar	Corn On the Cob Salad bar	Minted Peas Salad bar
Street Food	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken pitta Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day
Italian Daily Special	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
Dessert	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots





1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

